

**Jane Helena Burridge, MCSP, LGSM, PhD, Professor of Restorative Neuroscience. Faculty of Health Sciences, University of Southampton E-Mail [jhb1@soton.ac.uk](mailto:jhb1@soton.ac.uk)**

1973-1993	Basic grade and then Senior I Physiotherapist specialising in stroke rehabilitation
1978 - 1990	Raise a family, study music and practice as music teacher and freelance musician
1/93 - 1/99	Senior I / clinical specialist, research physiotherapist, Salisbury District Hospital
12/99 –1/03	Senior Lecturer, Head of Postgraduate Education, SOHPRS University of Southampton
1/03 – 9/08	Senior Research Fellow / Senior Lecturer, SOHPRS, University of Southampton
09/08	Professor of Restorative Neuroscience Faculty of Health Sciences, University of Southampton

#### **Research interests:**

Restorative Neuroscience and Neuro-rehabilitation: motor learning, cortical changes in response to interventions and spasticity. Rehabilitation Technology: Functional Electrical Stimulation (FES), Rehabilitation robotics. Most of my research is cross-disciplinary involving collaboration with the disciplines of: electronics & computer science, signal processing and health psychology. My PhD investigated muscle activation patterns following stroke and response to FES to facilitate walking.

I currently supervise seven PhD students, have supervised 10 PhD students to completion and examined over 20 PhDs of whom 9 were outside the UK.

- I led the REF 2014 Impact Case study: Innovative Technologies for Stroke Rehabilitation Rated 4\* <http://impact.ref.ac.uk/CaseStudies/CaseStudy.aspx?id=43853>
- My PhD research enabled response to Functional Electrical Stimulation for drop-foot to be better predicted by accurate measurement of muscle dysfunction
- I lead the Neurorehabilitation Research Group in the Faculty of Health Sciences and I chair the University of Southampton Strategic Research group 'Health Technology'.
- I am a Consultant for Rehabilitation Technology Companies: Bioness <http://www.bioness.com/Home.php> and MindMaze <http://www.mindmaze.ch> and member of the Scientific Board of Directors for Hocoma A/C Zurich <http://www.hocoma.com/en/>
- I am an Editorial Board member of the Journal of Neurorehabilitation and Neural Repair (IF 4.624)
- I am a reviewer for Wellcome Trust, EPSRC, NIHR, EU and Stroke Association. Chair of Research steering Group RfPB project TWIST and I am an Advisor to Wellcome Trust for a Health Innovations Challenge Award

#### **Current and recent research grants:**

1. 2015-2018: PI: NIHR i4i: Mechanical Muscle Activity with Real-time Kinematics (M-MARK): A novel combination of existing technologies to improve arm recovery following stroke (£1,016,576)
2. 2013- 2016: PI: INSPIRE Feasibility study of an iCycle for functional recovery after incomplete spinal cord injury (£38,057) Plus externally funded PhD studentship
3. 2011–2015: PI: NIHR RfPB: Development and pilot evaluation of a web-supported programme of Constraint Induced Therapy following stroke (LifeCIT) (£249,634) + (£19,217 from Solent Healthcare)
4. 2012-2015: CI: EU FP7 ICT Telemedicine System Empowering Stroke Patients to Fight Back StrokeBack (€3.03M)
5. 2011–2014: CI: EPSRC Restoration of Reach and Grasp in Stroke Patients using Electrical Stimulation and Haptic Feedback EP/I01909X/1 (£464,231)
6. 2009-2013: CI: NIHR Programme Grant: Development of an integrated service model incorporating innovative technology in rehabilitation of the upper limb following stroke (NIHR RP-PG-0707-10012) (£1.9M)
7. I was elected President of The Association of Chartered Physiotherapists in Neurology (ACPIN) in March 2017

#### **Examples of recent publications:**

1. [Burridge, J., Lee, A., Turk, R., Stokes, M., Whittall, J., Vaidyanathan, R., Clatworthy, P., Hughes, A. M., Meagher, C., Franco, E. & Yardley, L.](#) 1 Jul 2017 In : Journal of Neurologic Physical Therapy. 41, p. S32-S38. Telehealth, wearable sensors and the Internet: Will they improve stroke outcomes through increased intensity of therapy, motivation and adherence to rehabilitation programs?

2. [Meadmore, K., EXELL, T. I. M. O. T. H. Y., Burridge, J., Hughes, A-M., Freeman, C. & Benson, V.](#) 9 Jun 2017 In : *Disability and Rehabilitation. Upper limb and eye movement coordination during reaching tasks in people with stroke*
3. [Burridge, J.](#) 29 May 2017 In : *European Journal of Neurology*. 24, 7. European consensus on the concepts and measurement of the pathophysiological neuromuscular responses to passive muscle stretch
4. [Clark, B., Whittall, J., Kwakkel, G., Mehrholz, J., Ewings, S. & Burridge, J.](#) 29 Mar 2017 In : *Cochrane Database of Systematic Reviews*. 19 p. Time spent in rehabilitation and effect on measures of activity after stroke
5. [Hughes, A-M., Meagher, C. & Burridge, J.](#) 2 Jan 2017 *Safe at Home with Assistive Technology*. Kollak, I. (ed.). *Springer International Publishing*, p. 59-79. Arm Rehabilitation at Home for People with Stroke: Staying Safe: Encouraging Results from the Co-designed LifeCIT Programme
6. [Mehrholz, J., Thomas, S., Burridge, J., Schmidt, A., Scheffler, B., Schellin, R., Rückriem, S., Meißner, D., Mehrholz, K., Sauter, W., Bodechtel, U. & Elsner, B.](#) 24 Nov 2016 In : *Trials*. 17, 559, p. 1-11. Fitness and mobility training in patients with Intensive Care Unit-acquired muscle weakness (FITonICU): study protocol for a randomised controlled trial
7. [Hughes, A. M., Barbosa Boucas, S., Burridge, J. H., Alt-Murphy, M., Buurke, J., Feys, P., Klamroth-Marganska, V., Lamers, I., Prange-Lasonder, G., Timmermans, A. & Keller, T.](#) 1 Sep 2016 In : *Journal of NeuroEngineering and Rehabilitation*. p. 1-25. Evaluation of upper extremity neurorehabilitation using technology: A European Delphi consensus study within the EU COST Action Network on Robotics for Neurorehabilitation
8. [Thomas, S., Burridge, J. H., Pohl, M., Oehmichen, F. & Mehrholz, J.](#) 29 Jun 2016 In : *Journal of Rehabilitation Medicine*. 48, p. 1-7. Recovery of sit-to-stand function in patients with intensive-care-unit-acquired muscle weakness: results from the general weakness syndrome therapy (gymnast) cohort study
9. [Sweeney, D., Corley, G.J., Browne, P., Burridge, J.H., Quinlan, L.R. and O'Laighin, G.](#) (2016) [Design of a smartphone application with integrated functional electrical stimulation \(FES\) treatment randomization and on-the-fly stimulus parameter adjustment for streamlining the clinical evaluation of FES protocols](#) *Journal of Health & Medical Informatics* Volume:07, (02)Page Range:1-9doi:10.4172/2157-7420.1000220
10. [Seng Kwee Wee, AM Hughes, JH Burridge.](#) (2015) Impact of Trunk Support on Upper Extremity Function in People With Chronic Stroke and Healthy Controls doi: 10.2522/ ptj.2014048 *Physical Therapy*
11. [L. Tedesco Triccas, JH Burridge, et al.](#) (2015) Multiple sessions of transcranial direct current stimulation and upper extremity rehabilitation in stroke: A review and meta-analysis. *Clinical Neurophysiology*
12. [Mehrholz, J., Pohl, M., Kugler, J., Burridge, Jane and Muckel, S.](#) (2015) Physical rehabilitation for critical illness myopathy and neuropathy (Review). *The Cochrane Library*
13. [Wee SK, Hughes AM, Warner MB, Brown S and Burridge JH.](#) Impact of Trunk Support on Upper Extremity Function in People With Chronic Stroke and Healthy Controls 26 February 2015 doi: 10.2522/ ptj.2014048 *Physical Therapy*
14. [Seng Kwee Wee, AM Hughes, JH Burridge.](#) (2014) [Trunk restraint to promote upper extremity recovery in stroke patients: a systematic review and meta-analysis.](#) *Neurorehabilitation Neural Repair*, 1-19.
15. [Meadmore, K.L., Exell, T., Hallewell, E., Hughes, A.M., Freeman, C.T., Kutlu, M., Benson, V., Rogers, E and Burridge, J.H.](#) (2014) The application of precisely controlled functional electrical stimulation to the shoulder, elbow and wrist for upper limb stroke rehabilitation: a feasibility study. *Journal of NeuroEngineering and Rehabilitation*, 11, (105)
16. [Sampson, P. A., Freeman, C.T., Burridge, J.H. and Hughes, A.M.](#) (2014) [Can functional electrical stimulation mediated by repetitive control suppress induced tremor.](#) *IEEE Transactions on Biomedical Engineering* (Submitted).
17. [Johnson, Louise, Burridge, Jane H. and Demain, Sara H.](#) (2013) [Internal and external focus of attention during gait re-education: an observational study of physical therapist practice in stroke rehabilitation.](#) *Physical Therapy*, 93, (7), 957-966. (doi:10.2522/ ptj.20120300). (PMID:23559523).
18. [Hughes AM, Burridge JH.](#)(2014) [Translation of evidence-based Assistive Technologies into stroke rehabilitation: users' perceptions of the barriers and opportunities.](#) *BMC Health Services Research*
19. [Demain, Sara, Burridge, Jane, Ellis-Hill, Caroline, Hughes, Ann-Marie, Yardley, Lucy, Tedesco-Triccas, Lisa and Swain, Ian](#) (2013) [Assistive technologies after stroke: self-management or fending for yourself? A focus group study.](#) *BMC Health Services Research*, 13, (1), 334. (doi:10.1186/1472-6963-13-334). (PMID:23968362).

20. Hughes, A.M., Barbosa Boucas, S., Burridge, J.H., Alt-Murphy, M., Buurke, J., Feys, P., Klamroth-Marganska, V., Lamers, I., Prange-Lasonder, G., Timmermans, A. and Keller, T. (2016) Evaluation of upper extremity neurorehabilitation using technology: A European Delphi consensus study within the EU COST Action Network on Robotics for Neurorehabilitation. *Journal of NeuroEngineering and Rehabilitation*, 1-25.
21. Meagher, C, Burridge, JH, Hughes, AM, Ewings, S, Goncalves, AC, Alt, C.H.S., Pollet, S and Yardley, L Feasibility randomised control trial of LifeCIT, a web-based support programme for Constraint Induced Therapy (CIT) following stroke compared with usual care. In Review

*Impact:*

Head of Neurorehabilitation Research Group; Lead for Rehabilitation Technologies within the Institute for Life Sciences; Reviewer of proposals and projects for EU FP7 and (H2020), Future and Emerging Technologies, Wellcome Trust, NIHR, EPSRC; President of the International Functional Electrical Stimulation Society 2011- 2014; Editorial board member of Journal of Neurorehabilitation and Neural Repair, Neuromodulation and International Journal of Research in Rehabilitation; Invited speaker at major International conferences and EU summer schools e.g. EURON Winter School rehabilitation Robotics, Consultant for International rehabilitation technology companies including Bioness <http://www.bioness.com/Home.php> and MindMaze <http://www.mindmaze.ch> and member of the Scientific Board of Directors, Hocoma A/C Zurich <http://www.hocoma.com/en/>.

Please find our LifeCIT paper in review at:

[http://www.southampton.ac.uk/healthsciences/about/staff/jane\\_burridge.page#publications](http://www.southampton.ac.uk/healthsciences/about/staff/jane_burridge.page#publications)